

Quilts of Valor Requirements

- A Quilt of Valor is to be large enough to cover an average-sized adult, with an ideal size approximately 60" x 80." Finished size can be no smaller than 55" x 65" and no larger than 72" x 90."
- Fabric used should be high quality 100% "shirt-weight" or "quilt-weight" cotton fabric appropriate for adults.
- While Quilts of Valor do not have to be red, white, and blue (unless being sent to overseas hospitals) most recipients or requestors choose quilts that are patriotic in theme when given a choice.
- Patterns and blocks can be of any design.
- There is no specific requirement on backing colors but light colors will show stains more if given to a wounded service member still dealing with bandages.
- The quilt must be machine quilted or hand quilted, not tied.
- Batting should be quality, low-loft batting.
- Quilting should be appropriate for the quilt and not overly dense, which can reduce the loft and softness of the quilt.
- Binding should be double-fold ("French fold"), attached by machine, and finished by hand or machine.
- Before awarding, a Quilt of Valor must be machine laundered (gently, using mild detergent) so any bleeding of fabric dyes has occurred prior to awarding, and because some facilities where quilts are awarded require pre-laundering. Use of a "color catcher" that attracts loose dye during washing is recommended.
- A note, card, or letter documenting the creation of the Quilt of Valor and /or a dedication may be included to be presented to the recipient along with the quilt.
- A label on the back needs to say "Quilt of Valor", have a place to write who it is presented to and the date. It should list the piecer and quilter or group that made the quilt (first names only is OK) and the city, state where it was made.

See samples of quilts and labels on another link on our QOV tab.